


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd 31</p> <p>9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ★ Bible Study w/friends [CH] 12:00 ♥ Sudoku [AR] 2:00 ♡ Sunday Matinee [TV] 2:00 ♥ Tripoley [LIB] 3:00 ♡ Dominoes [ACT] 4:00 ♥ Classic Music (The Best of Classical) [AR] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/friends [ACT]</p>	<p>31</p> 	<p>Location Keys</p> <p>Activity Room (1st Floor) ACT Atrium (1st Floor) AR BUS (Outside) BUS Chapel (2nd Floor) CH Dining Room (1st Floor) DIN Game Room (2nd Floor) GR Library (3rd Floor) LIB Outside (OS) TV Room (2nd Floor) TV</p> <p> Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well </p>	<p>Resident Birthdays</p> <p>Jim W. 3/6 Doris B. 3/10 David H. 3/10 Alma M. 3/11 Betty D. 3/24 Peggy N. 3/24</p>	<p>Employee Appreciation Day! 1</p> <p>9:00 ♥ Blood Pressure Check [ACT] 9:30 ♥ Grandparents Tea Party @ Pine Hills Adventist Academy School [BUS] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/Friends [ACT] 12:00 ♡ Hidden Word Search [AR] 1:45 ♥ Bridge [LIB] 2:30 ♡ National Craft Month [ACT] 3:30 ♡ Scrabble [ACT] 4:00 ♥ National Peanut Butter Lover's Day! 5:00 ♡ Puzzle Time [LIB] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]</p>	<p>2</p> <p>9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/John [ACT] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Bridge Lessons w/John [LIB] 3:30 ♡ Uno Card Game [GR] 4:15 ♡ Entertainment by Jerry & Chinta [AR] 5:00 ♡ Walking Group [AR] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [LIB]</p>	
<p>Caregiver Appreciation Day! 3</p> <p>9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ★ Bible Study w/friends [CH] 12:00 ♥ Sudoku [AR] 12:30 ♥ National Anthem Day! [DIN] 2:00 ♡ Sunday Matinee [TV] 2:00 ♥ Tripoley [LIB] 3:00 ♡ Dominoes [ACT] 3:45 ♡ Ice Cream Social [ACT] 4:00 ♥ Classical Music (Camelot) [AR] 4:30 ♡ Checkers [ACT] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/friends [ACT]</p>	<p>4</p> <p>9:30 ♥ Chair Movement w/Nancy [TV] 10:30 ♡ Pokeno w/Bev [ACT] 10:30 ♡ Pop-up Library & Book Club Drop Off [LIB] 11:30 ♥ LRC (Left-Right-Center) Dice Game [ACT] 12:00 ♡ Hidden Word Search [AR] 12:15 ♥ Hug a GI Day! [DIN] 1:30 ♥ Dog Companionship Day [AR] 2:00 ♥ Bunco w/Barbara 3:30 ♥ Reminiscing w/Barbara [ACT] 4:00 ♡ Skip-Bo [GR] 4:30 ♡ Cribbage [ACT] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ♡ Movie Night [TV] 6:45 ♡ Poker [GR]</p>	<p>5</p> <p>9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Trivia Challenge [ACT] 11:15 ♥ Bible Study w/Woody [CH] 11:45 ♡ Coloring w/Friends [ACT] 1:30 ♡ Country Store 1:30 ♡ Mardi Gras! [AR] 1:45 ♡ Entertainment by Steven Schwartz [AR] 2:00 ♥ Pinochle [LIB] 3:30 ♡ Coffee & Cookies ~ Chat Time [AR] 4:15 ♥ Vibrant Life/Activity Meeting [ACT] 4:30 ♡ National Ore Cookie Day [AR] 4:45 ♡ Puzzle Time [LIB] 6:45 ♡ Bingo w/Kelly [ACT]</p>	<p>Ash Wednesday! 6</p> <p>9:30 ♥ Tai Chi w/Craig [TV] 10:00 ♥ Rosary [CH] 10:30 ♥ Communion & Ashes [CH] 10:45 ♡ Outing ~ Folsom 39th Annual Quilt & Vintage Show [BUS] 11:00 ♥ Bible Study w/Chaplain Colbert (non-denominational) [CH] 2:00 ♡ Dog Park Social Time [(OS)] 2:30 ♡ Yahtzee [GR] 4:00 ♥ Music & Dancing w/George [AR] 4:15 ♥ Beer Social 4:45 ♡ Card Playing [GR] 6:45 ♡ Bingo 10 Cards w/Zoey [ACT] 6:45 ♡ Poker [GR] 6:45 ♡ Tripoley Card Game [LIB]</p>	<p>7</p> <p>9:30 ♥ Sit & Stretch Video Exercise [TV] 10:30 ♥ Computer Pokeno [ACT] 11:00 ♥ Bridge Players Visiting [TV] 11:45 ♥ Ambassador Meeting [ACT] 12:15 ♥ Wear Fun & Silly Socks [DIN] 12:30 ♥ Secret Word (Mardi Gras) [DIN] 12:30 ♡ Wear Your Name Tag [DIN] 1:15 ♥ Hearing Health w/David from The Hearing Aid Center [ACT] 2:00 ♡ Pinochle [LIB] 2:15 ♥ Walking w/Cathleen & Deliver Cookies [AR] 3:00 ♡ Rack-O Card Game [GR] 4:00 ♥ Welcome & Meet New Residents [ACT] 4:45 ♡ Dominoes [ACT] 6:45 ♡ Po-ke-no w/Maureen [ACT]</p>	<p>8</p> <p>8:00 ♡ Donuts w/Friends [DIN] 9:00 ♥ Blood Pressure Check [ACT] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/Friends [ACT] 12:00 ♡ Hidden Word Search [AR] 1:45 ♥ Bridge [LIB] 1:45 ♥ Let's Talk Seniors (Ways to Reduce Taxes) [ACT] 2:30 ♡ Aggravation Board Game [ACT] 3:00 ♡ Checkers [ACT] 4:00 ♡ Wii Bowling [ACT] 4:45 ♥ Knitting Hats or Scarfs for the Homeless [ACT] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]</p>	<p>9</p> <p>9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:00 ♡ Gold Key VIP Mimosas March w/Bianca [DIN] 10:30 ♡ Bingo w/John [ACT] 11:00 ♡ Travel Boutique w/Michelle [AR] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Bridge Lessons w/John [LIB] 3:45 ♥ Wii Bowling League [ACT] 4:45 ♡ Pool Challenge [GR] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [LIB] 7:00 ♡ Spring Clocks Forward [AR]</p>
<p>Daylight Saving Time Begins 10</p> <p>9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ★ Bible Study w/friends [CH] 12:00 ♥ Sudoku [AR] 2:00 ♡ Sunday Matinee [TV] 2:00 ♥ Tripoley [LIB] 3:00 ♥ Sherbet Ice Cream w/staff [ACT] 3:30 ♡ Mini Golf [TV] 4:00 ♥ Classical Music (Clare de lune) [AR] 4:45 ♡ Pool [GR] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/friends [ACT]</p>	<p>11</p> <p>9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Pokeno w/Bev [ACT] 12:00 ♡ Hidden Word Search [AR] 12:30 ♡ Happy 100th Birthday Alma M. Celebration 1:45 ♥ Church Service & Communion w/Pastor Paul [CH] 2:15 ♥ Entertainment by Alvin Soriago [AR] 3:00 ♡ Scrabble [ACT] 3:30 ♡ Sequence Board Game [ACT] 4:15 ♥ Coffee & Current Event [ACT] 4:30 ♡ Uno Card Game [ACT] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ♡ Movie Night [TV] 6:45 ♡ Poker [GR]</p>	<p>12</p> <p>9:30 ♥ Beach Ball Exercise [AR] 10:00 ♥ Catholic Mass [CH] 10:30 ♡ Trivia Challenge [ACT] 11:15 ♥ Bible Study w/Woody [CH] 11:45 ♡ Open Discussion w/Friends [AR] 1:30 ♡ Country Store 1:45 ♥ Stamp Collection Fundraiser [ACT] 2:00 ♥ Beanbag Baseball [AR] 2:00 ♡ Pinochle [LIB] 4:00 ♡ Plant a Flower Day! [ACT] 4:15 ♥ Left-Right-Center Dice Game [ACT] 4:45 ♡ Puzzle Time [LIB] 6:45 ♡ Bingo w/Kelly [ACT]</p>	<p>13</p> <p>9:30 ♥ Tai Chi w/Craig [TV] 10:30 ♡ Outing ~ Auburn Museum's & Lunch [BUS] 11:00 ♥ Bible Study w/Chaplain Colbert (non-denominational) [CH] 12:00 ♡ Hidden Word Search [AR] 2:15 ♡ Dog Park Social Time [(OS)] 2:30 ♡ Yahtzee [GR] 4:00 ♥ Music & Dancing w/George [AR] 4:15 ♥ Wine Social [AR] 4:45 ♡ Card Playing [GR] 6:45 ♡ Bingo 10 Cards w/Zoey [ACT] 6:45 ♡ Poker [GR] 6:45 ♡ Tripoley Card Game [LIB]</p>	<p>14</p> <p>9:30 ♥ Noodle Balloon Volley [AR] 10:30 ♥ Computer Pokeno [ACT] 11:30 ♥ Learn about Butterflies Day 12:15 ♥ Wear Fun & Silly Socks [DIN] 12:30 ♥ Secret Word (Butterflies) [DIN] 12:30 ♡ Wear Your Name Tag [DIN] 2:00 ♥ Pinochle [LIB] 2:00 ♥ Resident/Manager Meeting [ACT] 3:15 ♥ Paint by # [ACT] 3:30 ♡ Popecorn Lover's Day! [ACT] 4:00 ♡ National Pi Day! [ACT] 4:45 ♡ Dominoes [ACT] 6:45 ♡ Po-ke-no w/Maureen [ACT]</p>	<p>15</p> <p>9:00 ♥ Blood Pressure Check [ACT] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/Cathleen [ACT] 11:30 ♥ Rummikub [ACT] 12:00 ♥ Cooking w/Cathleen [ACT] 12:00 ♡ Hidden Word Search [AR] 1:45 ♥ Bridge [LIB] 1:45 ♥ Let's Talk Seniors (Society for the Blind Workshop) [ACT] 3:30 ♡ Scrabble [ACT] 4:15 ♥ Entertainment by Home Spun Duet [AR] 4:45 ♡ Skip-Bo [ACT] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]</p>	<p>16</p> <p>9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/John [ACT] 11:30 ♥ Reminiscing w/Cathleen [ACT] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Bridge Lessons w/John [LIB] 3:30 ♡ Saturday Afternoon Movie [TV] 3:45 ♡ Boce Ball [AR] 4:45 ♡ Left-Right-Center Dice Game [ACT] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [LIB]</p>
<p>St. Patrick's Day 17</p> <p>9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ★ Bible Study w/friends [CH] 12:00 ♥ Sudoku [AR] 12:30 ♡ St. Patrick's Day Celebration [DIN] 1:45 ♥ Entertainment by Larry the Music Man' [AR] 2:00 ♥ Tripoley [LIB] 3:00 ♡ Dominoes [ACT] 3:45 ♥ Sunday Sundaes [ACT] 4:00 ♥ Classical Music (Chicago) [AR] 4:30 ♡ Checkers [ACT] 5:00 ♡ Cryptograms [AR] 6:45 ♥ Chit Chat w/Lamar & Jessica [ACT]</p>	<p>18</p> <p>9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Book Club (Discussion) [LIB] 11:00 ♡ Bridge Group Visiting [TV] 11:00 ♥ Entertainment by Lyrical Locals [AR] 11:30 ♥ LRC (Left-Right-Center) Dice Game [ACT] 12:00 ♡ Hidden Word Search [AR] 1:30 ♥ Dog Companionship Day [AR] 2:30 ♥ Mexican Train Dominoes [GR] 3:00 ♥ Sunshine Program w/Barbara [ACT] 4:00 ♡ Skip-Bo [GR] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ♡ Movie Night [TV] 6:45 ♡ Poker [GR]</p>	<p>19</p> <p>9:30 ♥ Chair Movement w/Nancy [TV] 10:30 ♡ Trivia Challenge [ACT] 10:35 ♥ Rosary [CH] 11:00 ♥ Communion [CH] 11:15 ♥ Bible Study w/Woody [CH] 11:45 ♡ Coloring w/Friends [ACT] 11:45 ♥ Let's Talk Seniors (National Nutrition Month) [ACT] 12:30 ♡ Sit somewhere new & meet someone new! 1:30 ♡ Country Store 2:00 ♡ Bowling [AR] 2:00 ♡ Pinochle [LIB] 3:45 ♥ Share something you'd love to do! [ACT] 4:30 ♡ Come learn about Rod's Hunting & Nature Experiences [ACT] 4:45 ♥ Rummy Card Game [GR] 6:45 ♡ Bingo w/Kelly [ACT]</p>	<p>20</p> <p>9:30 ♥ Tai Chi w/Craig [TV] 11:00 ♥ Bible Study w/Chaplain Colbert (non-denominational) [CH] 11:30 ♡ Outing ~ Lunch & Beer Tasting [BUS] 12:00 ♡ Hidden Word Search [AR] 2:15 ♡ Dog Park Social Time [(OS)] 2:30 ♡ Yahtzee [GR] 3:00 ♡ Ladder Ball [AR] 3:30 ♡ International Earth Day! [(OS)] 4:00 ♥ Music & Dancing w/George [AR] 4:15 ♥ Social Hour [AR] 4:45 ♡ Card Playing [GR] 6:45 ♡ Bingo 10 Cards w/Zoey [ACT] 6:45 ♡ Poker [GR] 6:45 ♡ Tripoley Card Game [LIB]</p>	<p>21</p> <p>9:30 ♥ Sit & Stretch Video Exercise [TV] 10:30 ♥ Computer Pokeno [ACT] 11:15 ♡ Decorate for Birthday Celebration [ACT] 12:15 ♡ Wear Fun & Silly Socks [DIN] 12:30 ♡ Birthday Celebration [DIN] 12:30 ♥ Secret Word (Irish) [DIN] 12:30 ♡ Wear Your Name Tag [DIN] 1:30 ♥ Entertainment by Mike Baziuk [AR] 2:00 ♡ Pinochle [LIB] 3:00 ♡ Thursday Afternoon Movie [TV] 4:00 ♥ World Poetry Day! [ACT] 4:45 ♡ Dominoes [ACT] 6:45 ♥ Entertainment by Irish Learning Circle [AR] 6:45 ♡ Po-ke-no w/Maureen [ACT]</p>	<p>22</p> <p>8:00 ♡ Donuts w/Friends [DIN] 9:00 ♥ Blood Pressure Check [ACT] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/Cathleen [ACT] 12:00 ♡ Hidden Word Search [AR] 1:45 ♥ Bridge [LIB] 2:15 ♥ Auction (spend your auction \$\$) [AR] 3:00 ♡ Checkers [ACT] 4:00 ♡ Chess [ACT] 4:15 ♡ Uno Card Game [ACT] 4:45 ♥ Knitting Hats or Scarfs for the Homeless [ACT] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]</p>	<p>23</p> <p>9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/John [ACT] 11:15 ♡ Walking w/Cathleen [AR] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 12:30 ♡ National Chip & Dip Day! [DIN] 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Bridge Lessons w/John [LIB] 3:00 ♥ Creative Coloring with Friends [AR] 4:00 ♡ Root-beer Floats w/Family & Friends [ACT] 4:45 ♡ Pool Challenge w/friends [GR] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [LIB]</p>
<p>24</p> <p>9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ★ Bible Study w/friends [CH] 12:00 ♥ Sudoku [AR] 2:00 ♡ Sunday Matinee [TV] 2:00 ♥ Tripoley [LIB] 4:00 ♥ Classic Music (The Sound of Music) [AR] 4:15 ♥ National Chocolate Covered Raisin Day! [AR] 4:45 ♡ Pool [GR] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/friends [ACT]</p>	<p>25</p> <p>9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Pokeno w/Bev [ACT] 11:00 ♥ Book Club (Discussion) [LIB] 11:45 ♥ 11:45 Walking w/Friends [AR] 12:00 ♡ Hidden Word Search [AR] 2:00 ♥ Rummikub w/Barbara 3:00 ♥ Name 5 (Challenge Game w/Barbara) [ACT] 3:45 ♥ Pecan Day! [ACT] 4:00 ♡ Walking group w/Barbara [AR] 4:30 ♡ Uno Card Game [ACT] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ♡ Movie Night [TV] 6:45 ♡ Poker [GR]</p>	<p>26</p> <p>9:30 ♥ Beach Ball Exercise [AR] 10:30 ♡ Trivia Challenge [ACT] 10:35 ♥ Rosary [CH] 11:00 ♥ Communion [CH] 11:15 ♥ Bible Study w/Woody [CH] 11:45 ♡ Open Discussion w/Friends [AR] 12:30 ♥ National Spinach Day! [DIN] 1:30 ♡ Country Store 2:00 ♥ Beanbag Baseball [AR] 2:00 ♡ Pinochle [LIB] 3:45 ♡ Who, What, When & Where [ACT] 4:45 ♡ Puzzle Time [LIB] 6:45 ♡ Bingo w/Kelly [ACT]</p>	<p>27</p> <p>9:30 ♥ Tai Chi w/Craig [TV] 9:45 ♡ Outing ~ Thunder Valley Casino [BUS] 10:30 ♡ Froggy Ceramics [BUS] 11:00 ♥ Bible Study w/Chaplain Colbert (non-denominational) [CH] 12:00 ♡ Hidden Word Search [AR] 12:00 ♡ Outing ~ Lunch w/Friends [BUS] 2:00 ♡ Yahtzee [GR] 2:15 ♡ Dog Park Social Time [(OS)] 3:00 ♥ National Women's History Month [ACT] 4:00 ♥ Music & Dancing w/George [AR] 4:45 ♡ Card Playing [GR] 6:45 ♡ Bingo 10 Cards w/Zoey [ACT] 6:45 ♡ Poker [GR] 6:45 ♡ Tripoley Card Game [LIB]</p>	<p>28</p> <p>4:45 ♡ Skip-Bo [ACT] 9:30 ♥ Noodle Balloon Volley [AR] 10:30 ♥ Computer Pokeno [ACT] 10:45 ♥ Community Engagement & Outreach (Brighten Your Day) [BUS] 12:15 ♡ Wear Fun & Silly Socks [DIN] 12:30 ♥ Secret Word (Spring) [DIN] 12:30 ♡ Wear Your Name Tag [DIN] 1:45 ♥ Let's Talk Seniors (Dental Hygiene) [ACT] 2:00 ♡ Pinochle [LIB] 2:30 ♥ Path to Wellness Presentation 3:00 ♡ Scrabble [ACT] 3:15 ♡ Paint by # [ACT] 4:00 ♡ Poker w/Cathleen (win auction \$) [GR] 4:45 ♡ Chat time w/Friends [GR] 6:45 ♡ Po-ke-no w/Maureen [ACT]</p>	<p>29</p> <p>9:00 ♥ Blood Pressure Check [ACT] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/Cathleen [ACT] 11:45 ♡ Duck Drop [CH] 12:00 ♡ Hidden Word Search [AR] 1:45 ♥ Bridge [LIB] 1:45 ♥ Let's Talk Seniors (Medical Advocacy) [ACT] 2:45 ♥ 'One Day' Video Recording [TV] 3:30 ♡ Scrabble [ACT] 4:15 ♥ Entertainment by Bill Pence [AR] 4:15 ♥ Happy Hour [AR] 4:45 ♡ Skip-Bo [ACT] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]</p>	<p>30</p> <p>9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/John [ACT] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 1:30 ♡ Outing ~ Placer Community Theater - 'Greater Tuna' 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Bridge Lessons w/John [LIB] 3:30 ♡ Take a Walk in the Park Day! [BUS] 4:00 ♡ Wii Bowling [ACT] 4:45 ♡ Pool Challenge [GR] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [LIB]</p>